



## Welcome Teachers

With the help of local teachers in Moose Jaw, Saskatchewan Brain Injury Association's executive director, Glenda James and SBIA's summer student, Kasey Gardner, we have created a school program to educate and prevent brain injuries in children. The program relates to a variety of outcomes in the Curriculum. It fits in with outcomes from the English Language Arts Curriculum, the Health Curriculum and the Arts Education Curriculum. Specific outcomes are provided for you at the front of the lesson binder.

The box provided with you has the essentials you need to teach this program to your students. Each item in the box is labelled with a specific lesson number and what it goes with. In the box you will find:

- **Safety First Brain Injury Prevention unit binder-** This binder has all the lesson plans and activity sheets (BLMs), an answer key as well as copies of each slideshow. The slideshows go with each lesson. Online copies of the lesson plans, activity sheets (BLMs), slideshows and the answer key are all on the USB provided to you in this box.
- **Lesson three cause and effect posters-** These posters are to be used at the end of lesson three with the word cards that can be found in the binder in lesson three. Challenge students by getting them to put up the words they think either have a cause or effect of a brain injury.
- **Lesson four Canadian Food Guide chart-** This chart is to be used during lesson four. It will help students plan out a well-balanced meal according to the Canadian Food Guide.

- **Lesson twelve Brain Injury Awareness Month poster for the viewing activity-** This poster is to be used when you are doing the lesson twelve viewing activity, which can be found in the binder.
- **Watermelon helmet-** This helmet can be used for a class draw! It is up to you as a teacher when and how you want to do this. Lesson seven is related to helmet safety, so it might be a fitting lesson to do it then! If there isn't a helmet in your box, contact Glenda James.
- **Education pamphlets/brochures to hand out to students-**These are pamphlets/brochures from SBIA. Send these home with your students to share with their parents. If you need more, contact Glenda James.
- **Glenda James Executive Director contact information-** Glenda James is our executive director and she is there for all questions. Keep a card for yourself and give to parents who may want more information about SBIA.
- **USB Stick-** This USB holds all the documents needed for this whole program. This USB has electronic versions of everything you can find in the binder provided to you.

Lesson thirteen is the last unit and it involves a poster contest. All the details for the contest are provided in lesson thirteen. If you have any further questions about contact Glenda James.

We hope that you enjoy teaching this as much as we enjoyed creating it. Our goal with this program is to educate young children about the importance of their brain and ways they can protect it. Unfortunately, the only cure for brain injury is prevention. The Saskatchewan Brain Injury Association strives to prevent brain injuries and improve the lives of survivors and their families.

If you have any further questions or wanting any further information about this program, please contact Glenda James at [info\\_sbiam@ Sasktel.net](mailto:info_sbiam@ Sasktel.net) or 306.692.7242.